

行健尊爵-基因升級專案(外國籍)

235041 *Sanitas Elite Premier*



類別 Type	項目 Item	內容及特點 Detail
健康史 Health history	病史蒐集 Medical history collection	基本健康資料及過往病史確認，提供後續身體狀況判斷。Assessment of personal medical history, lifestyle, health concerns, and family history.
身體理學檢查 Physiological examination	身高 (Body height)、體重 (Bodyweight)、身體質量指數 (BMI)、血壓 (Blood pressure)、脈搏 (Pulse rate)、呼吸 (Breathe)、體溫 (Body temperature)、腰圍 (Waistline)	評估體格狀況、生命徵象及代謝症候群指標。 Vital signs and index of metabolic syndrome
WGS 全方位全基因 定序解碼 Comprehensive Whole Genome Sequencing	心血管基因檢測 Cardiovascular Genetic Testing	檢測涵蓋 10 項結構性心臟病 (心肌病、心臟肥大)、血管性風險 (高血壓、血栓)、猝死風險 (心臟驟停)。Covers 10 major hereditary cardiovascular conditions, including cardiomyopathy (e.g., heart disease, cardiac hypertrophy), vascular risks (hypertension, thrombosis), and sudden cardiac death (cardiac arrest).
	神經相關基因檢測 Neurological-Related Genetic Testing	針對神經系統功能與疾病風險提供全面解析，掌握大腦與神經健康的關鍵訊息。從中樞神經退化 (如巴金森氏症、阿茲海默症)、發展障礙 (如自閉症、亞斯伯格症候群)、精神疾患 (如憂鬱症、思覺失調症) 到神經傳導異常 (如癱瘓、重症肌無力)，提供健康風險評估與個性化建議。Provides comprehensive analysis of genes associated with neurological function and disease risk, offering key insights into brain and nervous system health. Conditions assessed range from neurodegenerative disorders (e.g., Parkinson's disease, Alzheimer's disease), neurodevelopmental disorders (e.g., autism spectrum disorder, Tourette syndrome), psychiatric disorders (e.g., schizophrenia, affective disorders), to neuromuscular abnormalities (e.g., muscular atrophy, myasthenia gravis). Results support risk assessment and personalized health recommendations.
	藥物代謝基因 Pharmacogenomics (Drug Metabolism Genes)	檢測 155 項目包含心血管用藥、麻醉劑、抗生素與抗病毒藥物、神經與精神相關藥物、腫瘤相關藥物、口服非類固醇消炎藥... 等。Includes analysis of 155 medications across categories such as cardiovascular drugs, anesthetics, antibiotics and antiviral agents, neuropsychiatric medications, oncology drugs, and nonsteroidal anti-inflammatory drugs (NSAIDs), supporting individualized medication selection and safety optimization.
	癌症相關基因 Cancer Susceptibility Genes	檢測 16 項癌症，如腎癌、黑色素瘤、多發性骨髓瘤、腦瘤 (膠質母細胞瘤)。Screens for 16 types of cancer, including colorectal cancer, melanoma, multiple myeloma, and brain tumors (e.g., glioblastoma).
	家族性遺傳 Familial Inherited Disorders	針對有備孕需求或家族病史者，包含地中海型貧血、蠶豆症、成骨不全症、多發性硬化症等隱性遺傳病。Intended for individuals planning pregnancy or with a family history of genetic disease. Includes screening for thalassemia, fragile X syndrome, achondroplasia, and multiple sclerosis-related hereditary conditions.
	免疫基因檢測 Immune-Related Genetic Testing	檢測 15 項包含自體免疫疾病 (僵直性脊椎炎、克隆氏症、乾燥症) 與特定感染易感性 (足底疣、帶狀疱疹)。幫助長期不明原因發炎或反覆感染者找出免疫系統弱點。Covers 15 autoimmune conditions (e.g., ankylosing spondylitis, Graves' disease, Sjögren's syndrome) and susceptibility to recurrent infections (e.g., dermatitis, herpes zoster). Helps identify underlying immune vulnerabilities in individuals with unexplained inflammation or recurrent infections.
	全面癌症基因檢測 Comprehensive Cancer Genetic Testing	提供超過 20 種癌症的風險預測，協助您了解自身的癌症風險，如大腸癌、乳癌、肺癌等，提早採取預防與管理措施。結合單基因變異分析與多基因風險模型與專業建議，為您量身打造個性化的癌症風險預防與健康策略。Provides risk prediction for more than 20 types of cancer, including colorectal cancer, breast cancer, and lung cancer. Supports early preventive health management strategies through integration of monogenic risk variants and polygenic risk score (PRS) models, enabling precision-based and personalized cancer risk assessment.

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WGS 全方位全基因 定序解碼 Comprehensive Whole Genome Sequencing	婦科與泌尿相關基因 Gynecologic and Urologic Genetic Testing	檢測 8 項目包含包含子宮內膜異位症、多囊卵巢、靜脈曲張、細菌性腦膜炎、性功能障礙。涵蓋婦科與泌尿科常見但難以歸類的生活困擾疾病。Covers 8 conditions, including endometriosis, polycystic ovary syndrome (PCOS), varicose veins, bacterial vaginosis, sexual dysfunction, and other commonly encountered gynecologic and urologic disorders affecting quality of life.
	營養素基因檢測 Nutritional Genomics Testing	透過基因解析了解身體如何吸收與利用關鍵營養素，幫助優化飲食與補充策略。從礦物質代謝、維生素吸收到必需脂肪酸與氨基酸利用，協助您精準補充所需營養，避免缺乏或過量攝取，讓健康管理更科學、更有效。Analyzes genes involved in nutrient absorption and utilization to optimize dietary planning and supplementation strategies. Covers pathways from mineral metabolism and vitamin absorption to essential fatty acid and amino acid utilization, supporting precise nutritional replenishment while avoiding deficiency or excessive intake for more effective health management.
	體質相關基因 Physical Trait-Related Genes	檢測 41 項目包含包含身高、潛力、骨密度、皮膚抗老(曬黑/斑點/皺紋)、睡眠品質、運動後恢復能力。美容保養與運動健身的科學指南。Includes analysis of 41 traits, such as height potential, athletic performance capacity, bone density, skin aging (hyperpigmentation, freckling, wrinkling), sleep quality, exercise recovery ability, and scientifically guided approaches to aesthetic care and physical conditioning.
	人格特質基因解碼 Personality Trait Genomic Profiling	分析 27 項個人性格、行為傾向與心理特質，幫助您了解自身的認知能力、情緒反應、風險承受力及社交特質。包含人格特質(外向性、神經質)、認知能力(記憶力、數理能力)、情緒傾向(樂觀、壓力承受)。用於自我探索、兒童天賦開發或心理健康管理。Evaluates 27 personality, behavioral, and psychological traits to provide insight into cognitive abilities, emotional responses, risk tolerance, and stress resilience. Includes personality dimensions (e.g., extraversion, neuroticism), cognitive performance (memory, numeracy), and emotional tendencies (optimism, stress tolerance). Applicable to self-exploration, child developmental assessment, and mental wellness management.
	腎臟相關基因 Kidney-Related Genetic Testing	檢測分析 IgA 腎病變。針對慢性腎臟病高風險族群的特異性篩檢。Includes analysis of IgA nephropathy and targeted screening for individuals at high genetic risk of chronic kidney disease.
	肺部相關基因 Lung-Related Genetic Testing	包含肺氣腫、肺炎易感性、間質性肺病。評估肺部對環境傷害(如空汙、二手菸)的修復能力。Covers conditions such as lung cancer risk, susceptibility to pneumonia, and interstitial lung disease. Also evaluates genetic capacity for pulmonary response and repair related to environmental exposures (e.g., air pollution, secondhand smoke).
	肝膽腸胃相關基因 Hepatobiliary and Gastrointestinal-Related Genes	檢測 10 項目包含非酒精性脂肪肝、潰瘍性結腸炎、胃潰瘍風險、膽道硬化等。針對現代人常見的腸胃敏感與脂肪肝問題進行體質分析。Includes 10 conditions such as nonalcoholic fatty liver disease (NAFLD), peptic ulcer disease, gastric ulcer risk, and cholelithiasis. Provides constitutional analysis of common modern gastrointestinal sensitivities and liver-gallbladder disorders.
	代謝分析基因 Metabolic Pathway Analysis Genes	葉酸代謝、酒精代謝基因分析。葉酸代謝對於神經發育與情緒健康也影響心血管健康。當酒精(乙醇)進入人體後：代謝第一步乙醇乙醛，代謝第二步乙醛乙酸，酒精代謝障礙是台灣人的國民健康必修課。Assesses folate metabolism and alcohol metabolism pathways. Folate metabolism influences neurodevelopment and cardiovascular health. Alcohol metabolism is evaluated through ethanol-to-acetaldehyde and acetaldehyde-to-acetate conversion efficiency. Given the high prevalence of ALDH2 variants in Asian populations, this analysis is particularly relevant for personalized health risk assessment.
零輻射 磁振造影 Magnetic Resonance Imaging	頭頸部磁振造影 Head & Neck MRI	包含大腦、小腦、腦幹、眼球、鼻腔、鼻竇、中耳、內耳等部位。針對腦部疾病篩檢如顱內腫瘤、中風、腦萎縮、腦室積水等腦部症狀 Including cerebrum, cerebellum, brain stem, orbit, nasopharynx, ears, thyroid, trachea and lymph node.
	腦血管磁振造影 需施打對比劑 Cerebrovascular MR Angiography	顱內、頸動脈血管 3D 立體影像，完整呈現兩側內頸動脈與顱內血管是否有狹窄、動脈瘤及動靜脈畸形，可早期發現因腦血管疾病引起的微小梗塞、腦萎縮以及腦瘤和其他腦實質病變等 Including intra-cranial carotid and vertebral arteries for early detection for stroke, intracranial aneurysm and vascular anomalies.
	上腹部磁振造影 Upper Abdomen MRI	篩檢肝臟、膽囊、脾臟、胰臟、腎臟等器官是否有囊腫、腫瘤、息肉、肝硬化、肝纖維化、脂肪肝、肝腫瘤等病變 Including upper abdominal organs, such as liver, gallbladder, bile duct, spleen, pancreas, and kidneys.

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零輻射 磁共振造影 Magnetic Resonance Imaging	全脊椎磁共振造影 Whole spine MRI	篩檢頸椎、胸椎及腰椎是否有椎間盤突出、骨病變、骨刺、坐骨神經壓迫症及脊椎移轉性腫瘤 Including cervical, thoracic, lumbosacral spine.
	骨盆腔磁共振造影 Pelvis MRI	篩檢後腹腔、膀胱、男性攝護腺病變及腫瘤、女性子宮肌瘤、巧克力囊腫、子宮內膜增生、卵巢囊腫、卵巢癌等生殖器官病變 Including retroperitoneum, pelvic organs, including prostate, urinary bladder for males; uterus, cervix and ovaries for females.
	♂ 肝臟動態顯影磁共振造影 需施打對比劑 Liver dynamic MRI	運用細切面 0.3-0.4cm 動態顯影方式進行肝臟檢查，是篩檢早期肝癌的最佳方法 Thin slice dynamic liver MRI for early detection of liver cancer.
	肝脂肪定量分析磁共振造影 Fat Quantitation of Liver MRI	針對中年以上好發之脂肪肝、脂肪性肝炎等評估肝組織脂肪比例，並作為生活型態調整之指引 An index for evaluation of fatty liver and non-alcoholic steatotic hepatitis (NASH).
	♀ 乳房磁共振造影 需施打對比劑 Breast MRI	乳房磁共振造影無輻射，不須強力擠壓乳房，減少疼痛及恐懼感，可輕鬆完成乳癌篩檢，是篩檢早期乳癌最佳工具 Dynamic breast MRI and 2D ultrasound, for early detection of breast cancer.
極速低劑量 電腦斷層 CT Screening	低劑量肺部電腦斷層 Low-dose Lung CT	不需施打顯影劑，可偵查隱藏在胸椎、心臟前後、肋骨、橫膈膜下方及肝臟前後方的肺部小腫瘤，為偵測早期肺癌最快且精確的最佳工具 High-speed, low-dose CT for early detection of lung cancer.
	心血管鈣化指數分析 Coronary Artery Calcium Score, CAC	CAC score 被視為是一個反應冠狀動脈粥狀硬化程度的指標，可做為發生冠狀動脈血管疾病風險預測及預後評估，並據此調整後續生活型態，或進一步檢查及治療 An index for evaluation of atherosclerosis of coronary arteries.
彩色杜普勒 高解析度 超音波 High Resolution Doppler Ultrasonography	頸動脈超音波 Carotid Artery Ultrasound	檢查頸動脈有無粥狀硬化斑塊、頸動脈狹窄，以了解中風及腦血管疾病風險。Can detect blocked or narrowed carotid arteries, which can indicate an increased risk of stroke.
	甲狀腺超音波 Thyroid Ultrasound	評估甲狀腺是否腫大、發炎及腫瘤。Assess the thyroid gland for enlargement, nodule, inflammation, and tumors.
	上腹部超音波 Upper Abdomen Ultrasound	肝、膽、腎臟、胰臟、脾臟等腹部器官疾病的檢查 (囊腫、膽結石、膽瘻肉、腎結石、血管瘤等) Examination of liver, gallbladder, kidney, pancreas, spleen and other abdominal tracheal diseases (cysts, gallstones, gallstones, kidney stones, hemangioma, etc.)
	肝纖維化量化分析檢測 Liver fibrosis scan	非侵入性的測量肝臟硬度，準確率高達 9 成，將肝臟纖維化的程度以數值量化出來。過程簡便，無風險，無副作用。A non-invasive method to measure liver stiffness with up to 90% accuracy, quantifying the degree of liver fibrosis with numerical values. The procedure is simple, risk-free, and has no side effects.
	骨盆腔超音波 Pelvic Ultrasound	可了解是否有膀胱結石，男性是否有攝護腺肥大，女性是否有子宮肌瘤、卵巢腫瘤 Ultrasound imaging of the pelvis uses sound waves to produce pictures of the structures and organs in the lower abdomen and pelvis. These exams are frequently used to evaluate the reproductive and urinary systems.
	♀ 乳房超音波 Breast Ultrasound	檢查女性乳房有無腫塊、纖維囊腫、乳管擴張等異常 Breast examination for masses, fibrocystic changes, and ductal dilatation.
抗老化檢測 Anti-aging Test	全身脂肪分析 Body Composition Analysis	透過全身脂肪含量分析，了解內臟脂肪比例，為生活型態調整 To check body composition analysis.
	自律神經檢查 Autonomic nervous system	偵測交感神經和副交感神經的活性，評估自律神經平衡度 Assessment of sympathetic and parasympathetic nervous system activity to evaluate autonomic balance.
	骨質密度分析 Bone Mass Density (BMD)	X 光骨質密度分析儀，測量腰椎及兩側髌關節，精準且快速的偵測骨質密度，輻射量極低，安全性高 To check Bone Mineral Density.

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尿液檢查 Urine Routine	尿液生化分析：酸鹼度 (PH)、比重 (Specific gravity)、尿糖 (Glucose)、尿蛋白 (Protein)、尿潛血 (Occult blood, OB)、尿膽紅素 (Urobilinogen)、尿中白血球 (Leukocyte esterase)、尿酮體 (Ketone Body)、尿沉渣顯微鏡檢 (Micro exam.)	腎功能、泌尿道感染、泌尿道結石、糖尿病等 To screen for, help diagnose and/or monitor several diseases and conditions, such as kidney disorders or urinary tract infections (UTIs)
血液常規 Complete Blood Count	白血球計數 (WBC)、紅血球計數 (RBC)、血色素檢查 (Hgb)、血球比容值 (HCT)、平均紅血球容積 (MCV)、平均紅血球血紅素 (MCH)、平均紅血球血色素濃度 (MCHC)、血小板計數 (PLT)、白血球分類計數 (DC)	檢測貧血、發炎、白血病、血液凝固功能等 Detection of anemia, inflammation, leukemia, and coagulation disorders.
維生素 vitamins	維生素 D (Vit D)	透過血液檢測維生素 D 是否足夠。維他命 D 缺乏與生長遲緩、骨骼畸形、軟骨病、骨質疏鬆及骨折有關。 Check for vitamin D deficiency.
糖尿病檢查 Blood Glucose	空腹血糖 (Glucose AC)	糖尿病、低血糖症的早期診斷。Too much or too little glucose in the blood can be a sign of a serious medical condition.
	糖化血色素 (HbA1C)	評估前三個月血糖平均值。An HbA1c test shows what the average amount of glucose attached to hemoglobin has been over the past three months.
	空腹胰島素 (Insulin)	評估胰臟分泌功能、身體利用胰島素的能力及是否發生胰島素抵抗性。檢測胰島素抵抗值，評估罹患糖尿病風險。Assessing the pancreas' ability to stabilize blood sugar is one of the early detection indicators of diabetes.
	胰島素抵抗指數 (HOMA-IR)	
心血管風險 Cardiovascular Risk	膽固醇總量 (T. Cholesterol)	檢測動脈硬化風險、血脂分析、脂肪代謝異常、潛在性腦心血管病變之危險因子。Detect arteriosclerosis risk, blood lipid analysis, abnormal fat metabolism, and risk factors for potential cerebral and cardiovascular diseases.
	三酸甘油脂 (TG)	
	高密度脂蛋白 (HDL)	
	低密度脂蛋白 (LDL)	
	高密度脂蛋白膽固醇比值 (TC/HDL)	
	緻密低密度脂蛋白膽固醇 (超壞膽固醇 sdLDL)	
	高敏感度 C 反應性蛋白 (HS-CRP)	
肝膽功能 Liver and Gallbladder function	麩胺酸草醋酸轉氨基酶 (SGOT)	檢測肝炎、肝功能異常、脂肪肝、膽道疾病及溶血性疾病。 Liver function tests are blood tests that check to see how well your liver is working. They check for liver damage, and can help diagnose liver diseases such as hepatitis and cirrhosis.
	胺基丙酸轉氨基酶 (SGPT)	
	總膽紅素 (Total Bilirubin)	
	直接膽紅素 (D-Bilirubin)	
	丙麩氨轉酶 (γ-GT)	
	總蛋白 (Total protein)	
	白蛋白 (albumin)	
	球蛋白 (Globulin)	
	白蛋白球蛋白比例 (A/G Ratio)	
	鹼性磷酸酶 (ALK-P)	
胰臟功能 Pancreatic function	解脂酵素 (Lipase)	檢測急慢性胰臟疾病。Indicators for diagnosing pancreatitis.

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腎功能檢查 Kidney Function Tests	尿素氮 (BUN)	檢測急慢性腎炎、腎衰竭、尿毒症、高尿酸血症、痛風等。 Kidney function tests are common lab tests used to evaluate how well the kidneys are working.
	肌酸酐 (Creatinine)	
	腎絲球過濾率 (eGFR)	
	尿酸 (Uric Acid)	
肝炎篩檢 Hepatitis Virus	B 型肝炎表面抗原 (HBsAg)	檢測是否有 B 肝帶原。Test for hepatitis B carriers.
	B 型肝炎表面抗體 (Anti-HBs)	檢測是否具 B 型肝炎之抵抗力。Test for hepatitis B resistance.
	C 型肝炎病毒抗體 (Anti-HCV Ab)	檢測是否感染 C 型肝炎。Test for hepatitis C infection.
甲狀腺功能 Thyroid Function Tests	高敏感度甲狀腺刺激素 (HS-TSH)	檢測甲狀腺機能亢進症或甲狀腺機能低下症。Thyroid function tests are used to check whether your thyroid is working normally.
	游離甲狀腺素 (Free T4)	
血液腫瘤標記 Tumor Markers	大腸癌腫瘤標記 (CEA)	消化系統腫瘤、肺腺癌初步篩檢。The carcinoembryonic antigen (CEA) test measures the level of CEA in the blood. In adults, an abnormal level of CEA may be a sign of cancer.
	胰臟癌腫瘤標記 (CA19-9)	胰臟癌初步篩檢。The CA19-9 test is a blood test used primarily to screen for pancreatic cancer, cirrhosis and gallstones.
	慢性肝病及肝癌標記 α 胎兒蛋白 (AFP)	肝腫瘤、生殖腺腫瘤等初步篩檢。High levels of AFP can be a sign of liver cancer or cancer of the ovaries or testicles, as well as noncancerous liver diseases such as cirrhosis and hepatitis.
	♂ 攝護腺癌特異抗原 (PSA) (男性)(For Male)	攝護腺腫瘤初步篩檢。The PSA test is a blood test used primarily to screen for prostate cancer.
	♀ 卵巢癌標記 (CA125) (女性)(For Female)	卵巢及其他婦女生殖器腫瘤初步篩檢。Screen women who are at high risk for ovarian cancer.
健康餐飲 Healthy meals	美味健檢餐 Healthy meals	提供新鮮美味健康餐飲 Fresh and healthy meals.
報告解說 Commentary	檢後專業醫師解說檢查報告 Post-examination report review by a professional physician.	專科醫師匯整報告，一對一解說 A specialist physician consolidates the findings and provides a one-on-one consultation.
雲端報告 Cloud Report	為落實環境永續 ESG，健檢報告以電子形式交付，提供 APP 下載及 E-mail 健檢報告，如需紙本報告將酌收工本費 To support ESG and environmental sustainability, health checkup reports are provided electronically via app and email. A fee applies for printed copies.	
停車服務 Complimentary Parking	臺北國際醫旅大樓 B1~B3 停車場，以專業管理提供健檢貴賓免費停車服務 Complimentary parking is provided for health checkup guests, managed by a professional parking service.	



檢查內容不得更換，未檢查視同放棄，專案內容依現場實際內容為主，本院擁有最後解釋權
The examination items cannot be changed. Any items not completed will be considered forfeited. The actual content of the package is subject to on-site arrangements. The clinic reserves the right of final interpretation.

