

舒活專案

Package D

110357



類別 Type	項目 Item		內容及特點 Detail
磁振造影 MRI Magnetic Resonance Imaging	腫瘤磁振造影 Magnetic Resonance Imaging	頭頸部磁振造影 Head & Neck MRI	包含大腦、小腦、腦幹、眼球、鼻腔、鼻竇、中耳、內耳等部位，針對腦部疾病篩檢如顱內腫瘤、中風、腦萎縮、腦室積水等腦部症狀。Including cerebrum, cerebellum, brain stem, orbit, nasopharynx, ears, thyroid, trachea and lymph node..
		上腹部磁振造影 Upper Abdomen MRI	篩檢肝臟、膽囊、脾臟、胰臟、腎臟等器官是否有囊腫、腫瘤、息肉、肝硬化、肝纖維化、脂肪肝、肝腫瘤等病變。Including upper abdominal organs, such as liver, gallbladder, bile duct, spleen, pancreas, and kidneys.
		骨盆腔磁振造影 Pelvis MRI	篩檢後腹腔、膀胱、男性攝護腺病變及腫瘤、女性子宮肌瘤、巧克力囊腫、子宮內膜增生、卵巢囊腫、卵巢癌等生殖器官病變。Including retroperitoneum, pelvic organs, including prostate, urinary bladder for males; uterus, cervix and ovaries for females.
		全脊椎磁振造影 Whole spine MRI	篩檢頸椎、胸椎及腰椎是否有椎間盤突出、骨病變、骨刺、坐骨神經壓迫症及脊椎移轉性腫瘤。Including cervical, thoracic, lumbosacral spine.
	腦血管磁振造影檢查 (施打對比劑) Cerebrovascular MR Angiography		顱內、頸動脈血管 3D 立體影像及頸動脈超音波檢查，完整呈現兩側內頸動脈與顱內血管是否有狹窄、動脈瘤及動靜脈畸形，可早期發現因腦血管疾病引起的微小梗塞、腦萎縮以及腦瘤和其他腦實質病變等。建議 40 歲以上成年人定期檢查。 Including intra-cranial carotid and vertebral arteries for early detection for stroke, intracranial aneurysm and vascular anomalies.
	乳房磁振造影 (施打對比劑) Breast MRI (女) (For Female)		乳房磁振造影無輻射，不須強力擠壓乳房，減少疼痛及恐懼感，可輕鬆完成乳癌篩檢，是篩檢早期乳癌最佳工具。Dynamic breast MRI and 2D ultrasound, for early detection of breast cancer.
	肝脂肪定量分析磁振造影 Fat Quantitation of Liver MRI (男) (For Male)		針對中年以上好發之脂肪肝、脂肪性肝炎等評估肝組織脂肪比例，並作為生活型態調整之指引。An index for evaluation of fatty liver and non-alcoholic steatotic hepatitis (NASH).
極速低劑量 電腦斷層 CT Screening	低劑量肺部電腦斷層 Low-dose Lung CT		不需施打顯影劑，可偵查隱藏在胸椎、心臟前後、肋骨、橫膈膜下方及肝臟前後方的肺部小腫瘤，為偵測早期肺癌最快且精確的最佳工具。High-speed, low-dose CT for early detection of lung cancer.
	冠狀動脈鈣化指數 Coronary Artery Calcium Score, CAC		被視為是一個反應冠狀動脈粥狀硬化程度的指標，可做為發生冠狀動脈血管疾病風險預測及預後評估，並據此調整後續生活型態，或進一步檢查及治療。An index for evaluation of atherosclerosis of coronary arteries.



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彩色杜普勒 高解析度 超音波檢查 High Resolution Doppler Ultrasonography	頸動脈超音波 Carotid Artery Ultrasound	檢查頸動脈有無粥狀硬化斑塊、頸動脈狹窄，以了解中風及腦血管疾病風險。Can detect blocked or narrowed carotid arteries, which can indicate an increased risk of stroke.
	甲狀腺超音波 Thyroid Ultrasound	評估甲狀腺是否腫大、發炎及腫瘤。Assess the thyroid gland for enlargement, nodule, inflammation, and tumors.
	上腹部超音波 Upper Abdomen Ultrasound	肝、膽、腎臟、胰臟、脾臟等腹部器官疾病的檢查 (囊腫、膽結石、膽瘻肉、腎結石、血管瘤等)Examination of liver, gallbladder, kidney, pancreas, spleen and other abdominal tracheal diseases (cysts, gallstones, gallstones, kidney stones, hemangioma, etc.)
	肝纖維化量化分析檢測 Liver fibrosis scan	非侵入性的測量肝臟硬度，準確率高達 9 成，將肝臟纖維化的程度以數值量化出來。過程簡便，無風險，無副作用。A non-invasive method to measure liver stiffness with up to 90% accuracy, quantifying the degree of liver fibrosis with numerical values. The procedure is simple, risk-free, and has no side effects.
	脂肪肝檢測 Fatty Liver Test	評估肝臟脂肪含量並將脂肪肝程度定量分級。Assess liver fat content and quantitatively grade the degree of fatty liver
	骨盆腔超音波 Pelvic Ultrasound	可了解是否有膀胱結石，男性是否有攝護腺肥大，女性是否有子宮肌瘤、卵巢腫瘤。Ultrasound imaging of the pelvis uses sound waves to produce pictures of the structures and organs in the lower abdomen and pelvis. These exams are frequently used to evaluate the reproductive and urinary systems.
	乳房超音波 Breast Ultrasound (女)(For Female)	檢查女性乳房有無腫塊、纖維囊腫、乳管擴張等異常
抗老化檢測 Anti-aging Test	骨質密度分析 Bone Mass Density (BMD)	X 光骨質密度分析儀，測量腰椎及兩側髖關節，精準且快速的偵測骨質密度，輻射量極低，安全性高。To check Bone Mineral Density.
	全身體脂肪分析 Body Composition Analysis	透過全身體脂肪含量分析，了解內臟脂肪比例，為生活型態調整。To check body composition analysis.
尿液檢查 Urine Routine	尿液生化分析：酸鹼度 (PH)、比重 (Specific gravity)、尿糖 (Glucose)、尿蛋白 (Protein)、尿潛血 (Occult blood, OB)、尿膽紅素 (Urobilinogen)、尿中白血球 (Leukocyte esterase)、尿酮體 (Ketone Body)、尿沉渣顯微鏡檢 (Micro exam.)	腎功能、泌尿道感染、泌尿道結石、糖尿病等。 To screen for, help diagnose and/or monitor several diseases and conditions, such as kidney disorders or urinary tract infections (UTIs)
血液常規 (CBC/DC)	白血球計數 (WBC)、紅血球計數 (RBC)、血色素檢查 (Hgb)、血球比容值 (HCT)、平均紅血球容積 (MCV)、平均紅血球血紅素 (MCH)、平均紅血球血色素濃度 (MCHC)、血小板計數 (PLT)、白血球分類計數 (DC)	檢測貧血、發炎、白血病、血液凝固功能等。 Complete blood counts can be used to help detect a variety of disorders including infections, anemia, diseases of the immune system, and blood cancers.
維生素 D	維生素 D (Vit D)	透過血液檢測維生素 D 是否足夠。維他命 D 缺乏與生長遲緩、骨骼畸形、軟骨病、骨質疏鬆及骨折有關。 Check for vitamin D deficiency.
糖尿病檢查 Blood Glucose	空腹血糖 (Glucose AC)	糖尿病、低血糖症的早期診斷。Too much or too little glucose in the blood can be a sign of a serious medical condition.
	糖化血色素 (HbA1c)	評估前三個月血糖平均值。An HbA1c test shows what the average amount of glucose attached to hemoglobin has been over the past three months.
	空腹胰島素 (Insulin)	評估胰臟分泌功能、身體利用胰島素的能力及是否發生胰島素阻抗性。檢測胰島素阻抗值，評估罹患糖尿病風險。Assessing the pancreas' ability to stabilize blood sugar is one of the early detection indicators of diabetes.
	胰島素阻抗指數 (HOMA-IR)	

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心血管風險 Cardiovascular Risk	膽固醇總量 (T. Cholesterol)	檢測動脈硬化風險、血脂分析、脂肪代謝異常、潛在性腦心血管病變之危險因子。Detect arteriosclerosis risk, blood lipid analysis, abnormal fat metabolism, and risk factors for potential cerebral and cardiovascular diseases.
	三酸甘油脂 (TG)	
	高密度脂蛋白 (HDL)	
	低密度脂蛋白 (LDL)	
	高密度脂蛋白膽固醇比值 (TC/HDL)	
	緻密低密度脂蛋白膽固醇 (超壞膽固醇 sdLDL)	
	高敏感度 C 反應性蛋白 (HS-CRP)	
腎功能檢查 Kidney Function Tests	尿素氮 (BUN)	檢測急慢性腎炎、腎衰竭、尿毒症、高尿酸血症、痛風等。 Kidney function tests are common lab tests used to evaluate how well the kidneys are working.
	肌酸酐 (Creatinine)	
	尿酸 (Uric Acid)	
	腎絲球過濾率 (eGFR)	
肝膽功能 Liver and Gallbladder function	麩胺酸草醋酸轉氨基酶 (SGOT)	檢測肝炎、肝功能異常、脂肪肝、膽道疾病及溶血性疾病。 Liver function tests are blood tests that check to see how well your liver is working. They check for liver damage, and can help diagnose liver diseases such as hepatitis and cirrhosis.
	胺基丙酸轉氨酶 (SGPT)	
	總膽紅素 (Total Bilirubin)	
	直接膽紅素 (D-Bilirubin)	
	丙麩氨轉酶 (γ-GT)	
	總蛋白 (Total protein)	
	白蛋白 (albumin)	
	球蛋白 (Globulin)	
	白蛋白球蛋白比例 (A/G Ratio)	
	鹼性磷酸酶 (ALK-P)	
肝炎篩檢 Hepatitis Virus	B 型肝炎表面抗原 (HBsAg)	檢測是否有 B 肝帶原。Test for hepatitis B carriers.
	B 型肝炎表面抗體 (Anti-HBs)	檢測是否具 B 型肝炎之抵抗力。Test for hepatitis B resistance.
	C 型肝炎病毒抗體 (Anti-HCV Ab)	檢測是否感染 C 型肝炎。Test for hepatitis C infection.
胰臟功能 Pancreatic function	解脂酵素 (Lipase)	檢測急慢性胰臟疾病。Indicators for diagnosing pancreatitis.
甲狀腺功能 Thyroid Function Tests	高敏感度甲狀腺刺激素 (HS-TSH)	檢測甲狀腺機能亢進症或甲狀腺機能低下症。Thyroid function tests are used to check whether your thyroid is working normally.
	游離甲狀腺素 (Free T4)	

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血液腫瘤標記 Tumor Markers	大腸癌腫瘤標記 (CEA)	消化系統腫瘤、肺腺癌初步篩檢。The carcinoembryonic antigen (CEA) test measures the level of CEA in the blood. In adults, an abnormal level of CEA may be a sign of cancer.
	慢性肝病及肝癌標記 α 胎兒蛋白 (AFP)	肝腫瘤、生殖腺腫瘤等初步篩檢。High levels of AFP can be a sign of liver cancer or cancer of the ovaries or testicles, as well as non-cancerous liver diseases such as cirrhosis and hepatitis.
	攝護腺癌特異抗原 (PSA) (男)(For Male)	攝護腺腫瘤初步篩檢。The PSA test is a blood test used primarily to screen for prostate cancer.
	卵巢癌標記 (CA125) (女)(For Female)	卵巢及其他婦女生殖器腫瘤初步篩檢。Screen women who are at high risk for ovarian cancer.
	胰臟癌腫瘤標記 (CA19-9)	胰臟癌初步篩檢。The CA19-9 test is a blood test used primarily to screen for pancreatic cancer, cirrhosis and gallstones.
健康餐飲 Healthy meals	美味健檢餐 Healthy meals	提供新鮮美味健康餐飲 Fresh and healthy meals.
報告解說 Commentary	檢後第一時間專業醫師解說檢查報告 Findings commentary	專科醫師一對一當日即時解說 Specialists compile reports and provide one-on-one, same-day real-time explanations.
雲端報告 Cloud Report	為落實環境永續 ESG，健檢報告以電子形式交付，提供 APP 下載及 E-mail 健檢報告，如需紙本報告將酌收工本費 To support ESG and environmental sustainability, health checkup reports are provided electronically via app and email. A fee applies for printed copies.	
停車服務 Complimentary Parking	臺北國際醫旅大樓 B1~B3 停車場 Parking Available on Levels B1 to B3	以專業停車場管理提供健檢貴賓免費停車服務 Complimentary parking is provided for health checkup guests, managed by a professional parking service.



檢查內容不得更換，未檢查視同放棄，專案內容依現場實際內容為主，本院擁有最後解釋權
The examination items cannot be changed. Any items not completed will be considered forfeited.
The actual content of the package is subject to on-site arrangements. The clinic reserves the right of final interpretation.

