

# 防失智顧腸胃

## 36890

1. 此專案適用台灣國籍 (台、澎、金、馬)，排檢請提供台灣國籍身份證字號登記。檢查當日憑台灣國籍身分證報到
2. 建議安排年齡 :40 歲以上
3. 無痛腸胃鏡之耗材及息肉切除等費用另計



| 類別                                                                              | 項目                                                                                                                              | 內容及特點                                                                                                                                                                                                                                                                           |
|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 健康史<br>Health history                                                           | 病史蒐集<br>Medical history collection                                                                                              | 基本健康資料及過往病史確認，提供後續身體狀況判斷。Assessment of personal medical history, lifestyle, health concerns, and family history.                                                                                                                                                                |
| 身體理學檢查<br>Physiological examination                                             | 身高 (Body height)、體重 (weight)、身體質量指數 (BMI)、血壓 (Blood pressure)、脈搏 (Pulse rate)、呼吸 (Breathe)、體溫 (Body temperature)、腰圍 (Waistline) | 評估體格狀況、生命徵象及代謝症候群指標。Vital signs and index of metabolic syndrome.                                                                                                                                                                                                                |
| 彩色杜普勒<br>高解析度<br>超音波<br>High<br>Resolution<br>Doppler<br>Ultra-<br>sonography   | 上腹部超音波<br>Upper Abdomen Ultrasound                                                                                              | 肝、膽、腎臟、胰臟、脾臟等腹部氣管疾病的檢查 (囊腫、膽結石、膽瘻肉、腎結石、血管瘤等)。Examination of liver, gallbladder, kidney, pancreas, spleen and other abdominal tracheal diseases (cysts, gallstones, gallstones, kidney stones, hemangioma, etc.)"                                                                |
| 無痛<br>腸胃內視鏡<br>Upper GI<br>Endoscopy<br>and<br>Colonoscopy<br>under<br>Sedation | 無痛胃鏡檢查<br>Panendoscopy under Sedation                                                                                           | 胃、大腸內視鏡檢查是診斷胃潰瘍、胃癌、大腸內腫瘤、息肉等病灶最好之工具。運用內視鏡窄頻早期癌辨識系統，早期辨識粘膜表層最早期癌病變，精確檢查食道、胃、十二指腸之腫瘤、潰瘍、發炎、息肉、糜爛狀況及腸道痔瘡、息肉、腫瘤、潰瘍、發炎、憩室狀況。<br>For early detection of some gastric and colon disease under Intravenous sedation and narrow band imaging.                                            |
|                                                                                 | 胃幽門螺旋桿菌檢查 (HP test)                                                                                                             |                                                                                                                                                                                                                                                                                 |
|                                                                                 | 無痛大腸鏡<br>Colonoscopy under Sedation                                                                                             |                                                                                                                                                                                                                                                                                 |
|                                                                                 | 大腸鏡低渣代餐 Low Residue food                                                                                                        |                                                                                                                                                                                                                                                                                 |
| 失智風險評估<br>Dementia Risk<br>Assessment                                           | P-tau 217 · 血漿磷酸化澇 -217 蛋白<br>Plasma Phosphorylated Tau Protein 217                                                             | 磷酸化的 tau 蛋白 217<br>Refers to tau protein phosphorylated at threonine 217.                                                                                                                                                                                                       |
|                                                                                 |                                                                                                                                 | 被認為是阿茲海默症的早期診斷和監測指標，對於識別和區分輕度認知障礙患者及阿茲海默症患者具有重要意義。<br>Recognized as an important biomarker for the early diagnosis and monitoring of Alzheimer's disease, especially useful in distinguishing between patients with mild cognitive impairment (MCI) and those with Alzheimer's. |
|                                                                                 |                                                                                                                                 | 相對於其他磷酸化位點，p-tau 217 的上升在預測阿茲海默症方面顯示出更高的特異性和敏感性。Compared to other phosphorylation sites, elevated levels of P-tau 217 demonstrate higher specificity and sensitivity in predicting Alzheimer's disease.                                                                         |
|                                                                                 |                                                                                                                                 | 準確率可達 96%。It offers an accuracy rate of up to 96%.                                                                                                                                                                                                                              |
|                                                                                 | APOE · Apolipoprotein E (載脂蛋白)                                                                                                  | 可檢測了解阿茲海默症遺傳風險 be used to detect and understand genetic risk for Alzheimer's disease.                                                                                                                                                                                           |
|                                                                                 | 認知功能檢測 MMSE                                                                                                                     | 協助評估是否有輕度認知障礙或失智症早期跡象 Supports the evaluation of mild cognitive impairment (MCI) or early indicators of dementia.                                                                                                                                                               |

| 類別                                     | 項目                                                                                                                                                                             | 內容及特點                                                                                                                                                                                                                   |
|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 尿液檢查<br>Urine Routine                  | 尿液生化分析：酸鹼度 (PH)、比重 (Specific gravity)、尿糖 (Glucose)、尿蛋白 (Protein)、尿潛血 (Occult blood, OB)、尿膽紅素 (Urobilinogen)、尿中白血球 (Leukocyte esterase)、尿酮體 (Ketone Body)、尿沉渣顯微鏡檢 (Micro exam.) | 腎功能、泌尿道感染、泌尿道結石、糖尿病等。<br>To screen for, help diagnose and/or monitor several diseases and conditions, such as kidney disorders or urinary tract infections (UTIs)                                                       |
| 血液常規 (CBC/DC)                          | 白血球計數 (WBC)、紅血球計數 (RBC)、血色素檢查 (Hgb)、血球比容值 (HCT)、平均紅血球容積 (MCV)、平均紅血球血紅素 (MCH)、平均紅血球血色素蛋白濃度 (MCHC)、血小板計數 (PLT)、白血球分類計數 (DC)                                                      | 檢測貧血、發炎、白血病、血液凝固功能等。<br>Complete blood counts can be used to help detect a variety of disorders including infections, anemia, diseases of the immune system, and blood cancers.                                         |
| 維生素<br>vitamin                         | 維生素 D (Vit D)                                                                                                                                                                  | 透過血液檢測維生素 D 是否足夠。維他命 D 缺乏與生長遲緩、骨骼畸形、軟骨病、骨質疏鬆及骨折有關。Check for vitamin D deficiency.                                                                                                                                       |
| 糖尿病檢查<br>Blood Glucose                 | 空腹血糖 (AC)                                                                                                                                                                      | 糖尿病、低血糖症的早期診斷。Too much or too little glucose in the blood can be a sign of a serious medical condition.                                                                                                                 |
|                                        | 糖化血色素 (HbA1c)                                                                                                                                                                  | 評估前三個月血糖平均值。An HbA1c test shows what the average amount of glucose attached to hemoglobin has been over the past three months.                                                                                          |
|                                        | 空腹胰島素 (Insulin)                                                                                                                                                                | 評估胰臟分泌功能、身體利用胰島素的能力及是否發生胰島素抵抗性。檢測胰島素抵抗值，評估罹患糖尿病風險。Assessing the pancreas' ability to stabilize blood sugar is one of the early detection indicators of diabetes.                                                        |
|                                        | 胰島素抵抗指數 (HOMA-IR)                                                                                                                                                              |                                                                                                                                                                                                                         |
| 心血管風險<br>Cardiovascular Risk           | 膽固醇總量 (T. Cholesterol)                                                                                                                                                         | 檢測動脈硬化風險、血脂分析、脂肪代謝異常、潛在性腦心血管病變之危險因子。Detect arteriosclerosis risk, blood lipid analysis, abnormal fat metabolism, and risk factors for potential cerebral and cardiovascular diseases.                                   |
|                                        | 三酸甘油酯 (TG)                                                                                                                                                                     |                                                                                                                                                                                                                         |
|                                        | 高密度脂蛋白 (HDL)                                                                                                                                                                   |                                                                                                                                                                                                                         |
|                                        | 低密度脂蛋白 (LDL)                                                                                                                                                                   |                                                                                                                                                                                                                         |
|                                        | 高密度脂蛋白膽固醇比值 (TC/HDL)                                                                                                                                                           |                                                                                                                                                                                                                         |
|                                        | 緻密低密度脂蛋白膽固醇 (超壞膽固醇 sdLDL)                                                                                                                                                      |                                                                                                                                                                                                                         |
|                                        | 高敏感度 C 反應性蛋白 (HS-CRP)                                                                                                                                                          |                                                                                                                                                                                                                         |
| 肝膽功能<br>Liver and Gallbladder function | 麩胺酸草醋酸轉氨酶 (SGOT)                                                                                                                                                               | 檢測肝炎、肝功能異常、脂肪肝、膽道疾病及溶血性疾病。<br>Liver function tests are blood tests that check to see how well your liver is working. They check for liver damage, and can help diagnose liver diseases such as hepatitis and cirrhosis. |
|                                        | 胺基丙酸轉氨酶 (SGPT)                                                                                                                                                                 |                                                                                                                                                                                                                         |
|                                        | 總膽紅素 (Total Bilirubin)                                                                                                                                                         |                                                                                                                                                                                                                         |
|                                        | 直接膽紅素 (D-Bilirubin)                                                                                                                                                            |                                                                                                                                                                                                                         |
|                                        | 丙醯氨轉酶 (γ-GT)                                                                                                                                                                   |                                                                                                                                                                                                                         |
|                                        | 總蛋白 (Total protein)                                                                                                                                                            |                                                                                                                                                                                                                         |
|                                        | 白蛋白 (albumin)                                                                                                                                                                  |                                                                                                                                                                                                                         |
|                                        | 球蛋白 (Globulin)                                                                                                                                                                 |                                                                                                                                                                                                                         |
|                                        | 白蛋白球蛋白比例 (A/G Ratio)                                                                                                                                                           |                                                                                                                                                                                                                         |
|                                        | 鹼性磷酸酶 (ALK-P)                                                                                                                                                                  |                                                                                                                                                                                                                         |
| 胰臟功能<br>Pancreatic function            | 解脂酵素 (Lipase)                                                                                                                                                                  | 檢測急慢性胰臟疾病。Indicators for diagnosing pancreatitis.                                                                                                                                                                       |

| 類別                              | 項目                                                                                      | 內容及特點                                                                                                                                                                          |
|---------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 腎功能檢查<br>Kidney Function Tests  | 尿素氮 (BUN)                                                                               | 檢測急慢性腎炎、腎衰竭、尿毒症、高尿酸血症、痛風等。<br>Kidney function tests are common lab tests used to evaluate how well the kidneys are working.                                                    |
|                                 | 肌酸酐 (Creatinine)                                                                        |                                                                                                                                                                                |
|                                 | 尿酸 (Uric Acid)                                                                          |                                                                                                                                                                                |
|                                 | 腎絲球過濾率 (eGFR)                                                                           |                                                                                                                                                                                |
| 肝炎篩檢<br>Hepatitis Virus         | B 型肝炎表面抗原 (HBsAg)                                                                       | 檢測是否有 B 肝帶原。Test for hepatitis B carriers.                                                                                                                                     |
|                                 | B 型肝炎表面抗體 (Anti-HBs)                                                                    | 檢測是否具 B 型肝炎之抵抗力。Test for hepatitis B resistance.                                                                                                                               |
|                                 | C 型肝炎病毒抗體 (Anti-HCV Ab)                                                                 | 檢測是否感染 C 型肝炎。Test for hepatitis C infection.                                                                                                                                   |
| 甲狀腺功能<br>Thyroid Function Tests | 高敏感度甲狀腺刺激素 (HS-TSH)                                                                     | 檢測甲狀腺機能亢進症或甲狀腺機能低下症。Thyroid function tests are used to check whether your thyroid is working normally.                                                                         |
|                                 | 游離甲狀腺素 (Free T4)                                                                        |                                                                                                                                                                                |
| 血液腫瘤標記<br>Tumor Markers         | 大腸癌腫瘤標記 (CEA)                                                                           | 消化系統腫瘤、肺腺癌初步篩檢。The carcinoembryonic antigen (CEA) test measures the level of CEA in the blood. In adults, an abnormal level of CEA may be a sign of cancer.                    |
|                                 | 慢性肝病及肝癌標記 α 胎兒蛋白 (AFP)                                                                  | 肝腫瘤、生殖腺腫瘤等初步篩檢。High levels of AFP can be a sign of liver cancer or cancer of the ovaries or testicles, as well as noncancerous liver diseases such as cirrhosis and hepatitis. |
|                                 | 攝護腺癌特異抗原 (PSA) (男性)                                                                     | 攝護腺腫瘤初步篩檢。<br>The PSA test is a blood test used primarily to screen for prostate cancer.                                                                                       |
|                                 | 卵巢癌標記 (CA125) (女性)                                                                      | 卵巢及其他婦女生殖器腫瘤初步篩檢。<br>Screen women who are at high risk for ovarian cancer.                                                                                                     |
|                                 | 胰臟癌腫瘤標記 (CA19-9)                                                                        | 胰臟癌初步篩檢。The CA19-9 test is a blood test used primarily to screen for pancreatic cancer, cirrhosis and gallstones.                                                              |
| 保健品<br>Health supplements       | 專利機能益生菌 1 瓶<br>1 bottle of patented functional probiotics : Patented Complex Probiotics |                                                                                                                                                                                |
| 健康餐飲<br>Healthy meals           | 美味健檢餐 Healthy meals                                                                     | 提供新鮮美味健康餐飲 Fresh and healthy meals.                                                                                                                                            |
| 報告解說<br>Commentary              | 檢後安排專科醫師解說報告<br>Post-test consultation with a specialist.                               | 神經內科專科醫師彙整報告，一對一解說 The report will be reviewed by a board-certified neurologist, followed by a one-on-one consultation.                                                        |
| 雲端報告                            | 為落實環境永續 ESG，健檢報告以電子形式交付，提供 APP 下載及 E-mail 健檢報告，如需紙本報告將酌收工本費                             |                                                                                                                                                                                |
| 停車服務<br>Complimentary Parking   | 臺北國際醫旅大樓 B1~B3 停車場<br>Parking Available on Levels B1 to B3                              | 以專業停車場管理提供健檢貴賓免費停車服務 Complimentary parking is provided for health checkup guests, managed by a professional parking service.                                                   |



檢查內容不得更換，未檢查視同放棄，專案內容依現場實際內容為主，本院擁有最後解釋權  
The examination items cannot be changed. Any items not completed will be considered forfeited. The actual content of the package is subject to on-site arrangements. The clinic reserves the right of final interpretation.



臺北市北投健康管理醫院  
Taipei Beitou Health Management Hospital



0800-015-104

臺北市北投區中和街 2 號

