

心肺腸胃健檢專案

46990

此專案適用台灣國籍（台、澎、金、馬），排檢請提供台灣國籍身份證字號登記，檢查當日憑台灣國籍身分證報到

方案適用期間迄日：2025/5/31

類別 Type	項目 Item	內容及特點 Detail
無痛腸胃 內視鏡檢查 Panendoscopy and Colonoscopy under Sedation	無痛胃鏡 Panendoscopy under Sedation	胃、大腸內視鏡檢查是診斷胃潰瘍、胃癌、大腸內腫瘤、息肉等病灶最好之工具。運用最先進內視鏡窄頻早期癌辨識系統 (NBI, Narrow Band Imaging)，早期辨識粘膜表層最早期癌病變，精確檢查食道、胃、十二指腸之腫瘤、潰瘍、發炎、息肉、糜爛狀況及腸道痔瘡、息肉、腫瘤、潰瘍、發炎、憩室狀況。For early detection of some gastric and colon disease under Intravenous sedation and narrow band imaging.
	無痛大腸鏡 Colonoscopy under Sedation	
	胃幽門螺旋桿菌檢查 (HP)	
極速低劑量 電腦斷層 CT Screening	肺部低劑量電腦斷層 Low-dose Lung CT	不需施打顯影劑，可偵查隱藏在胸椎、心臟前後、肋骨、橫膈膜下方及肝臟前後方的肺部小腫瘤，為偵測早期肺癌最快且精確的最佳工具。High-speed, low-dose CT for early detection of lung cancer.
	冠狀動脈鈣化指數分析 (CAC Score) Coronary Artery Calcium Score	CAC score 被視為是一個反應冠狀動脈粥狀硬化程度的指標，可做為發生冠狀動脈血管疾病風險預測及預後評估，並據此調整後續生活型態。An index for evaluation of atherosclerosis of coronary arteries.
一般檢查 Physiological examination	身高 (Body height)、體重 (Body weight) 血壓 (Blood pressure)、脈搏 (Pulse rate) 呼吸 (Breathe)、體溫 (Body temperature) 腰圍 (Waistline)	評估體格狀況、生命徵象及代謝症候群指標。 Vital signs and index of metabolic syndrome.
心電圖檢查 Resting EKG	靜態十二導程心電圖 Resting EKG	心跳節律 (心律不整脈)、心肌缺氧 (心肌梗塞)、心臟電位傳導 (房室支束傳導阻斷) Risk of arrhythmia, myocardial ischemia and conduction abnormality.
彩色杜普勒 高解析度 超音波檢查 High Resolution Doppler Ultrasonography	頸動脈超音波 Neck Ultrasound	檢查頸動脈有無粥狀硬化斑塊、頸動脈狹窄，以了解中風及腦血管疾病風險。Can detect blocked or narrowed carotid arteries, which can indicate an increased risk of stroke. Can help a physician determine what kind of treatment is needed to lower the risk of stroke.
	甲狀腺超音波 Thyroid Ultrasound	評估甲狀腺是否腫大、發炎及腫瘤。Thyroid ultrasound uses sound waves to produce pictures of the thyroid gland within the neck. It does not use ionizing radiation and is commonly used to evaluate lumps or nodules found during a routine physical or other imaging exam.
	乳房超音波 (女) Breast Ultrasound (For Female)	檢查女性乳房有無腫塊、纖維囊腫、乳管擴張等異常。The test is often used to assess the size and shape of breast lumps and determine whether they are potentially tumorous growths or fluid-filled cysts.
	上腹部超音波 Abdomen Ultrasound	肝、膽、腎臟、胰臟、脾臟等腹部器官疾病的檢查 (囊腫、膽結石、膽瘻肉、腎結石、血管瘤等) Ultrasound imaging of the abdomen uses sound waves to produce pictures of the structures within the upper abdomen. It is used to help diagnose pain or distention (enlargement) and evaluate the kidneys, liver, gallbladder, bile ducts, pancreas, spleen and abdominal aorta.
	骨盆腔超音波 Pelvis Ultrasound	可了解是否有膀胱結石，男性是否有攝護腺肥大，女性是否有子宮肌瘤、卵巢腫瘤。Ultrasound imaging of the pelvis uses sound waves to produce pictures of the structures and organs in the lower abdomen and pelvis. These exams are frequently used to evaluate the reproductive and urinary systems.
抗老化檢測 Anti-aging Test	骨質密度分析 Bone Mass Density (BMD)	X光骨質密度分析儀，測量腰椎及兩側髖關節，精準且快速的偵測骨質密度，輻射量極低，安全性高。To check Bone Mineral Density.
	全身體脂肪分析 Body Composition Analysis	透過全身體脂肪含量分析，了解內臟脂肪比例，為生活型態調整之指引。To check body composition analysis.



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抗老化檢測 Anti-aging Test	自律神經檢查 (HRV)	運用自律神經儀偵測交感神經和副交感神經的活性，評估自律神經平衡度。HRV (Heart rate variability), for evaluation of autonomic nervous system.
	周邊血管動脈檢查 Ankle-brachial index (ABI)	定量分析全身血管的僵硬度和彈性，並透過周邊血管動脈檢查反應下肢動脈阻塞或狹窄程度。為防止血管硬化功能之指標，反應心血管疾發生之風險程度。Risk of Cardiovascular disease.
尿液檢查 Urine Routine	尿液生化分析：酸鹼度 (PH)、比重 (Specific gravity)、尿糖 (Glucose)、尿蛋白 (Protein)、尿潛血 (Occult blood, OB)、尿膽紅素 (Urobilinogen)、尿中白血球 (Leukocyte esterase)、尿酮體 (Ketone Body)、尿沉渣顯微鏡檢 (Micro exam.)	腎功能、泌尿道感染、泌尿道結石、糖尿病等。To screen for, help diagnose and/or monitor several diseases and conditions, such as kidney disorders or urinary tract infections (UTIs)
血液常規 (CBC/DC)	白血球計數 (WBC)、紅血球計數 (RBC)、血色素檢查 (Hgb)、血球比容值 (HCT)、平均紅血球容積 (MCV)、平均紅血球血紅素 (MCH)、平均紅血球血色素蛋白濃度 (MCHC)、血小板計數 (PLT)、白血球分類計數 (DC)	檢測貧血、發炎、白血病、血液凝固功能等。Complete blood counts can be used to help detect a variety of disorders including infections, anemia, diseases of the immune system, and blood cancers.
糖尿病檢查 Blood Glucose	空腹血糖 (AC)	糖尿病、低血糖症的早期診斷。Too much or too little glucose in the blood can be a sign of a serious medical condition.
	糖化血色素 (HbA1C)	評估前三個月血糖平均值。An HbA1c test shows what the average amount of glucose attached to hemoglobin has been over the past three months.
血脂肪 Cardiovascular examination	膽固醇總量 (T. Cholesterol)	檢測動脈硬化風險、血脂分析、脂肪代謝異常、潛在性腦心血管病變之危險因子。If you have too much cholesterol in your blood, it can combine with other substances in the blood to form plaque. Plaque sticks to the walls of your arteries. This buildup of plaque is known as atherosclerosis. It can lead to coronary artery disease, where your coronary arteries become narrow or even blocked.
	三酸甘油酯 (TG)	
	高密度脂蛋白 (HDL)	
	低密度脂蛋白 (LDL)	
	高密度脂蛋白膽固醇比值 (TC/HDL)	
	高敏感度 C-反應性蛋白 (HS-CRP)	
腎功能檢查 Kidney Function Tests	尿素氮 (BUN)	檢測急慢性腎炎、腎衰竭、尿毒症、高尿酸血症、痛風等。Kidney function tests are common lab tests used to evaluate how well the kidneys are working.
	肌酸酐 (Creatinine)	
	尿酸 (Uric Acid)	
肝膽功能檢查 Liver and Gallbladder	麩胺酸草醋酸轉氨基酶 (SGOT)	檢測肝炎、肝功能異常、脂肪肝、膽道疾病及溶血性疾病。Liver function tests are blood tests that check to see how well your liver is working. They check for liver damage, and can help diagnose liver diseases such as hepatitis and cirrhosis.
	胺基丙酸轉氨酶 (SGPT)	
	總膽紅素 (Total Bilirubin)	
	直接膽紅素 (D-Bilirubin)	
	丙酮酸轉氨酶 (γ-GT)	
	白蛋白 (albumin)	
	鹼性磷酸酶 (ALK-P)	
	總蛋白 (Total protein)	
	球蛋白 (Globulin)	
	白蛋白球蛋白比例 (A/G Ratio)	
胰臟功能檢查 Pancreatic Function	解脂酵素 (Lipase)	檢測急慢性胰臟疾病 Primarily to diagnose and monitor acute pancreatitis; also sometimes to diagnose and monitor chronic pancreatitis or other pancreatic diseases.
肝炎篩檢 Hepatitis Virus	B 型肝炎表面抗原 (HBsAg)	檢測是否有 B 肝帶原 Primarily to screen for and diagnose acute or chronic hepatitis B virus (HBV) infection.
	B 型肝炎表面抗體 (Anti-HBs)	檢測是否具 B 型肝炎之抵抗力 The production of antibodies against HBsAg (anti-HBs) confers protective immunity.
	C 型肝炎病毒抗體 (Anti-HCV Ab)	檢測是否感染 C 型肝炎 To check your body was exposed to the hepatitis C virus and made antibodies.

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甲狀腺功能 Thyroid Function Tests	高敏感度甲狀腺刺激素 (HS-TSH)	檢測甲狀腺機能亢進症或甲狀腺機能低下症。Thyroid function tests are used to check whether your thyroid is working normally.
	游離甲狀腺素 (Free T4)	
血液腫瘤標記 Tumor Markers	大腸癌腫瘤標記 (CEA)	消化系統腫瘤、肺腺癌初步篩檢 The carcinoembryonic antigen (CEA) test measures the level of CEA in the blood. In adults, an abnormal level of CEA may be a sign of cancer.
	慢性肝病及肝癌標記 α 胎兒蛋白 (AFP)	肝腫瘤、生殖腺腫瘤等初步篩檢 High levels of AFP can be a sign of liver cancer or cancer of the ovaries or testicles, as well as noncancerous liver diseases such as cirrhosis and hepatitis.
	攝護腺癌特異抗原 (PSA) (男性)	攝護腺腫瘤初步篩檢 The PSA test is a blood test used primarily to screen for prostate cancer.
	卵巢癌標記 (CA125) (女性)	卵巢及其他婦女生殖器腫瘤初步篩檢 Screen women who are at high risk for ovarian cancer.
	胰臟癌腫瘤標記 (CA19-9)	胰臟癌初步篩檢 The CA19-9 test is a blood test used primarily to screen for pancreatic cancer, cirrhosis and gallstones.
健康餐飲 Healthy meals	營養師及飯店主廚健康餐 Meals made by Dietitian and Chef	提供北投老爺酒店主廚與北投健康管理醫院營養師共同調配之高級新鮮健康餐飲。The hotel Chef and the dietitian will provision the fresh and healthy meals.
報告解說 Commentary	檢後第一時間專業醫師解說檢查報告 Findings commentary	專科醫師整報告，一對一當日即時解說。The medical report is integrated the specialist opinion of radiologist, family physician, thoracic physician, obstetrician and gastroenterologist. In the end of health check, we will provide clients with one to one doctor's visit.



備註

1. 方案適用期間迄日：2025/5/31，恕不予其他專案併用
2. 此專案適用台、澎、金、馬，排檢請提供身份證字號登記，檢查當日憑國人身分證報到
3. 此為限定專案，檢查內容不得更換，未檢查視同放棄
4. 所有專案內容依現場實際內容為主，本院擁有最後解釋權

