



Basic Physical Examination Package

- A** Basic physical examination
- B** Basic physical examination + Basic heart and lung health checkup
- C** Basic physical examination + Panendoscopy and Colonoscopy under Sedation
- D** Basic physical examination + Basic heart and lung health examination + Panendoscopy and Colonoscopy under Sedation

Serial	Category	Item	A	B	C	D
			(M) 32640 (F) 36240	50400	55200	74100
1	Low-dose Computed Tomography(CT)	Low-dose lung CT (the most precise method to detect lung cancer)		●		●
2		Coronary artery calcium score (index of cardiovascular diseases and coronary artery atherosclerosis)		●		●
3	Endoscopy	Nasopharyngeal endoscopy (narrow band imaging (NBI))	●	●	●	●
		Panendoscopy under Sedation (narrow band imaging (NBI))			●	●
		CLO test			●	●
		Colonoscopy under Sedation (narrow band imaging (NBI))			●	●
4	HD ultrasound	Abdominal ultrasound	●	●	●	●
		Pelvis ultrasound (female)	●	●	●	●
		Prostate ultrasound (male)	●	●	●	●
		Carotid ultrasound		●		●
5	X-ray	Chest X-ray	●		●	
		Abdominal X-ray	●	●	●	●
		Lumbar X-Ray	●	●	●	●
6	Bone mineral density : Bone mineral density	Bone mineral density: Bone mineral density (BMD)	●	●	●	●
7	Body fat examination	Body fat examination and BMI	●	●	●	●
8	Electrocardiogram	12-lead ECG	●	●	●	●
9	Lung function test	Vital capacity and forced expiratory volume	●	●	●	●



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10	Arterial stiffness testing	Pulse wave velocity (PWV) and ankle-brachial index (ABI)	●	●	●	●
11	Hearing test	Air conduction hearing test	●	●	●	●
12	Eyes examination	Eyesight, eye pressure and color blindness test	●	●	●	●
13	Specialist consultation	Otolaryngology consultation	●	●	●	●
		Ophthalmology consultation and slit-lamp examination	●	●	●	●
		Gynecology consultation and Pap smear (female)	●	●	●	●
14	General examination	Height, weight, blood pressure, pulse, breath and body temperature	●	●	●	●
		Waistline and hip line	●	●	●	●
15	Physical examination	Physical examination and evaluation, including the head, neck, chest, lymph nodes, the abdomen, limbs and the skin.	●	●	●	●
16	Complete blood count	White blood cell (WBC), red blood cell (RBC), hemoglobin (Hgb), hematocrite (HCT), mean cell volume (MCV), mean corpuscular hemoglobin (MCH), mean corpuscular hemoglobin concentration (MCHC), platelet (PLT) and differential count (DC).	●	●	●	●
17	Urinalysis	Biochemical analysis of urine including the pH value, specific weight, the glucose levels in urine, proteinuria, occult blood, urine bilirubin, leukocytes in urine, urine ketone and microscopic examination of urinary sediments.	●	●	●	●
18	Fecal occult blood test (FOBT)	Fecal occult blood test (FOBT)	●	●		
19	Blood sugar	Fasting Glucose	●	●	●	●
		Glycated hemoglobin (HbA1C)	●	●	●	●
20	Risk factors for cardiovascular disease	Total cholesterol (TCholesterol), triglyceride (TG), High-density lipoprotein (HDL), total cholesterol and High-density lipoprotein ration (TC/HDL), low-density lipoprotein (LDL) and high sensitivity C-reactive protein (HS-CRP)	●	●	●	●
21	Renal function test	BUN and creatinine	●	●	●	●



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22	Uric acid	Uric acid	●	●	●	●
23	Liver and gallbladder function test	Serum glutamic oxaloacetic transaminase (SGOT), serum glutamate pyruvate transaminase (SGPT), total bilirubin, γ -GT (gamma-GT), albumin and alkaline phosphatase (ALK-P).	●	●	●	●
24	Hepatitis screening	Hepatitis B surface antigen (HBsAg)	●	●	●	●
		Hepatitis B surface antibody (Anti-HBs)	●	●	●	●
		Anti-hepatitis C virus antibody (anti-HCV Ab)	●	●	●	●
25	Thyroid function	Thyroid-stimulating hormone (TSH)	●	●	●	●
		Free thyroxine (free T4)	●	●	●	●
26	Tumor marker	Carcinoembryonic antigen (CEA)	●	●	●	●
		Viral hepatitis and liver cancer marker (alpha-fetoprotein (AFP))	●	●	●	●
		Prostatic specific antigen (PSA) ,(males)Tumor marker for ovarian cancer (CA125) (female)	●	●	●	●
		tumor marker for pancreas cancer (CA199)	●	●	●	●
27	Autonomic nervous system test	Heart rate variability (HRV)		●		●